



Five Step Prayer Model Small Group Guide

The Five Step Prayer Model is a simple, interactive way to pray for others, beginning and ending with God’s mercy. **This document is a practical guide to help you use these videos in a small group setting, to help you practice learning how to pray for people.**

- [Watch the first video together: “Living Naturally Supernatural” with Jay Pathak \(6 mins\)](#)
- Discuss the video, using the following questions as a starting point:
 - What stood out to you in what Jay said?
 - Jay mentioned what Jesus taught his disciples in John 5: “My Father is *always* at work...the Son can do nothing by Himself; He can only do what He sees His Father doing.” What does that tell you about how Jesus lived?
 - In John 14:12, Jesus tells his disciples: “Whoever believes in me will do the works I have been doing, and they will do even greater things than these.” What is the throughline of Jesus’s teaching here?
 - Where do you notice God’s presence in the places you spend time? How do you want to join with God in the work He’s doing?
- [Watch the second video together: “Five Step Prayer Model” with Anabeth Morgan and Josh Williams \(9 mins\)](#)
- Discuss the video, using the following questions as a starting point:
 - What stands out to you from the video about the things people should *always* experience in prayer? (Anabeth and Josh discuss this in the first two minutes.)
 - What are the five steps of the Five Step Prayer model? What feels easy and/or challenging about each of them? (This is discussed and demonstrated after 2:00 in the video.)
- Now try!
 - Ask for a volunteer from your group.
 - Pray for them using the Five Step Prayer Model
 - Process the experience with them.
 - Pray for someone else! The most important thing is practice. In John 10, Jesus promises that he will teach his people to hear his voice and learn to follow him. The more you pray, the more opportunities you have to grow in that.