

Quick Overview of the Five Step Prayer Model

When we pray for people, there are a few things that should be experienced *every time*.

1. God's compassion and kindness
2. Listening to God on someone's behalf (John 5:19)
3. Spiritual authority
4. Normalcy

Five Steps of the Prayer Model

1. Discussion

Introduce yourself and ask the person what they want prayer for.

2. Discernment

L-shaped listening: to God and to the other person. What is God saying to us? What does He have for the person?

3. Diagnosis

Discernment into action. What kind of prayers should we pray? (Intercessory, Biblical commands, prophetic words)

4. Do It

Ask if you can put your hand on their shoulder and ask the person to assume a receiving posture. Keep your eyes open to observe what the Lord is doing.

5. Next Steps

Check in with the person and ask how they're doing. Help them make a plan to continue their journey with Jesus.