



PASTORAL HEALTH & FORMATION

## Pastors Relational Health

Coming 2026

### For Vineyard Pastors & Their Spouses

Our Integrated Relational Health cohort is being formed to pursue health, joy, and depth in the most treasured and tender relational areas of your life and leadership. Ministry can take an incredible toll on our marriages and families. Not to mention the stickiness of curating and cultivating trustworthy relationships that don't result in your "eating your sheep" for nourishment. Through safe spaces and expert resources, we'll do the hard work of attending to our most important family relationships, considering stage of life transitions, and how to get the care that you need. We'll investigate our sources of identity, coping mechanisms, and be refreshed as children deeply loved by their Father.

### You'll Receive

- Marriage and Family health assessments
- Therapeutic marital resources
- In-person retreat
- Monthly personal and customized coaching/mentoring and spiritual direction
- Cohort-wide training and gathering once a month

### Your Commitment

We ask you to come with a heart ready to actively work on improving your relationships and your continued spiritual formation. Spouses must both desire and be ready to commit to this cohort. This is for you if you're in a season of transition in your family, your marriage and kids are in need of repair work, you're considering how your leadership has taken over priority in your life, or you simply want to proactively pursue health in these precious and critical areas.

### Cost

We're asking our participants to contribute \$500 towards this cohort—but don't let cost keep you out. We're here to help identify how to make this investment in your relationships accessible!

### Interested?

To learn more or have further conversation about being part of this cohort, contact Kristi Caulley, [kristi.caulley@vineyardusa.org](mailto:kristi.caulley@vineyardusa.org), or fill out our connect form:

